



2024-25 Marlins Holiday Schedule LSC



Days Groups	Monday 12/16	Tuesday 12/17	Wednesday 12/18	Thursday 12/19	Friday 12/20	Saturday 12/21	Sunday 12/22
10&Under Development	5:30-6:15pm			5:30-6:15pm		10:45-11:45am @CAC	OFF
A * indicates dryland workout All kids need to bring their workout shoes on the * days							
11&Over Development	5:30-6:45pm	6:00-7:00pm *7:00-7:30pm		5:30-6:30pm *6:30-7:00pm		8:00-9:30am *9:30-10:00 @CAC	OFF

There is no mandatory attendance, but the more attendance the more improvement, consistency is the key to success!



2023-24 Marlins Holiday Schedule LSC



Days Groups	Monday 12/23	Tuesday 12/24	Wednesday 12/25	Thursday 12/26	Friday 12/27	Saturday 12/28	Sunday 12/29
10&Under Development	OFF			OFF		OFF	OFF
A * indicates dryland workout All kids need to bring their workout shoes on the * days							
11&Over Development	OFF	OFF		OFF		8:00-9:30am *9:30-10:00 @CAC	OFF

There is no mandatory attendance, but the more attendance the more improvement, consistency is the key to success!



2023-24 Marlins Holiday Schedule LSC



Days Groups	Monday 12/30	Tuesday 12/31	Wednesday 1/01	Thursday 1/02	Friday 1/03	Saturday 1/04	Sunday 1/05
10&Under Development	5:30-6:15pm			5:30-6:15pm		10:45-11:45am @CAC	OFF
A * indicates dryland workout All kids need to bring their workout shoes on the * days							
11&Over Development	5:30-6:45pm	5:00-6:00pm *6:00-6:30pm		5:30-6:30pm *6:30-7:00pm		8:00-9:30am *9:30-10:00 @CAC	OFF

There is no mandatory attendance, but the more attendance the more improvement, consistency is the key to success!